

Quarantine Frequently Asked Questions

What is self-quarantine?

- You have been instructed to “self-quarantine” yourself due to the possibility you have been exposed to an infectious condition that is contagious (can be spread to others).

“What does this mean? I feel fine!”

- While you do not have symptoms now, you have been determined to be at a higher risk of developing symptoms in the future.
- The goal is to decrease the risk of exposing other people to the illness.

What do I do now?

- You should stay at home and monitor yourself for symptoms (given to you by your health care provider).
- Someone may be calling you to check and see how you are feeling, so you want to keep track of this.

What if I live with other people (friends/family)?

- Quarantine does NOT mean stay on a friend’s/family member’s couch; you need to be in your own room, and have your own bathroom to use if possible.
- Friends/family should also NOT be coming to visit, they could be exposing themselves to a possible infectious illness and taking it back to their homes and families.

What happens if I start to feel sick?

- Call Student Health Services or your primary care provider before leaving your home for instructions. If you call Student Health after hours, you will be connected to our on-call nurse line to receive advice/instructions.
- If it is an emergency, call 911 and inform them that you have been under self-quarantine and the reason why.