WHAT EVERYONE NEEDS TO KNOW ABOUT MONKEYPOX

WHAT IS MONKEYPOX

Monkeypox is a disease caused by an orthopox virus that is generally spread person-to-person through infected body fluids.

WHAT ARE THE SYMPTOMS?

Key Symptom
Rash, Bumps, or Blisters
These may appear anywhere on the body including the genitals, anus, mouth, hands, feet, and head.

Fever and Headache
Swollen Lymph Nodes
Muscle Aches

SYMPTOM ONSET RANGES FROM 5-21 DAYS

HOW IS IT SPREAD?

Direct contact with a rash or sore
Kissing, hugging, and massaging
Oral, anal, and vaginal sex or touching the genitals or anus
Sharing sex toys or objects used during sex
Contact with respiratory secretions
Touching fabrics such as towels, bedding, clothing used by someone with Monkeypox
WHAT CAN YOU DO?

Avoid close skin to skin contact with someone who has a rash or sores.

Wash your hands often with soap and water and use alcohol based hand sanitizer often.

If you have symptoms, stay at home, wear a mask, and cover sores to protect others. Most importantly - GET TESTED.

Get vaccinated if you have been exposed or if you may come in contact with Monkeypox.

Remain calm. Visit CDC or NCDHHS websites to stay up to date on information.

ANYONE CAN GET MONKEYPOX

Stop the Stigma. While most cases have been found in gay, bisexual, transgender, and other men who have sex with men - any person can get Monkeypox. Being informed on how to protect yourself and others is critical to Public Health efforts at reducing this outbreak.

Call Guilford County Health Department 336-641-3245 for testing and vaccination.

Keep up with the latest updates regarding Monkeypox by scanning this QR code.